



## Chautauqua Lake Rowing Association, Inc.

18 Jones and Gifford Avenue, Jamestown, New York 14701

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August 26, 2020 update

The CLRA Board of Directors has developed the following Policy for re-opening the boathouse team boat rowing for the 2020 season based on US Rowing recommendations. This applies once you have renewed your membership or are in the process of utilizing the time payment schedule in TeamSnap:

1. Team boats (doubles, 4's, & 8's) may be used starting August 27, 2020. The plan is to use Thursdays as our one day a week to row at the present time.
2. Rowing should be on a "get in, row, get out" approach. Come prepared to workout / row and leave the facility when finished. Individuals should maintain social distancing of at least six (6) feet in all areas of the boathouse. However, some social interaction may occur provided social distancing is maintained.
3. NO personal items are to be stored at the boathouse in any of the small lockers. Large coaches / board member lockers may have long term items (those items already in the lockers) left in lockers. However, any items brought for a specific rowing session may NOT remain at the boathouse.
4. While using ergs or any other indoor equipment individuals must be spaced six (6) feet apart.
5. All equipment, boats, oars, etc. must be wiped down with disinfectant after use.
6. When social distances of 6' cannot be maintained, masks should be worn in the boathouse if there are others present. Masks can be removed once on the water. Rowers at their discretion may continue to wear a mask while in the boat. The only exception is for the coxswain. US Rowing recommends that coxswains wear masks while in a stern coxed boat. The exception to this if there is a familial relationship between the coxswain and person in the stroke seat.
7. All individuals should sanitize their hands upon arrival and should follow hand-washing protocols regularly especially after touching potentially contaminated surfaces.
8. All oars and shared equipment should be wiped down (thoroughly cleaned) with disinfectant after use. Commonly touched areas such as doorknobs should also be disinfected regularly.
9. All individuals must self-monitor for symptoms of COVID-19. If any symptoms are noted the individual should not come to the boathouse. Anyone with a diagnosed case of COVID-19 must obtain a doctor's clearance before returning to rowing. Anyone exposed to a positive case of the virus should self-quarantine for 14 days prior to returning to the boathouse. Anyone returning to the area from another location should be in our geographic location for 14 days prior to coming to the boathouse.
10. When launching / landing social distancing should be maintained.
11. CLRA will follow state and local guidelines pertaining to parks and public waterways and public health guidelines.