



Chautauqua Lake Rowing Association, Inc.

18 Jones and Gifford Avenue, Jamestown, New York 14701

PO Box 824, Jamestown, NY 14702

Chautauqua Lake Rowing High School Team Covid Policy for Spring, 2021 Season

1. All boats may be used during the spring season. Normal caution is to be used by coaches in the use of small boats (singles, and doubles) early in the season when air and water temperatures are cold.
2. Come prepared to workout / row and leave the facility when finished. Individuals should maintain social distancing of at least six (6) feet in all areas of the boathouse. However, social interaction may occur provided social distancing is maintained.
3. While using ergs or any other indoor equipment individuals are to be spaced six (6) feet apart.
4. Equipment: ergs, oars, etc. must be wiped down with disinfectant after use.
5. When social distances of 6' cannot be maintained, masks should be worn in the boathouse if there are others present. Masks can be removed once on the water. Rowers at their discretion may continue to wear a mask while in the boat. The only exception is for the coxswain. US Rowing recommends that coxswains wear masks while in a stern coxed boat. The exception to this if there is a familial relationship between the coxswain and person in the stroke seat.
6. All individuals should sanitize their hands upon arrival and should follow hand-washing / sanitizing protocols regularly especially after touching potentially contaminated surfaces.
7. Commonly touched areas such as doorknobs should also be disinfected regularly.
8. All individuals must self-monitor for symptoms of COVID-19. If an individual is not feeling well or has a fever, they should not come to the boathouse. Anyone with a diagnosed case of COVID-19 must obtain a doctor's clearance before returning to rowing. Anyone exposed to a positive case of the virus should self-quarantine for 14 days prior to returning to the boathouse.
9. When launching / landing social distancing should be maintained.
10. CLRA will follow state and local guidelines pertaining to parks and public waterways and public health guidelines.